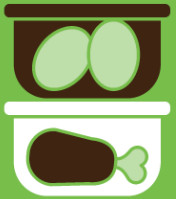




Reducing Your Exposure to Environmental Chemicals

DO MORE



Heating or storing food in **GLASS** or **STAINLESS STEEL** containers



Choosing furniture with the **"NO ADDED FLAME RETARDANTS"** label



Dusting surfaces with a damp cloth



WASHING HANDS OFTEN

DO LESS



Storing and microwaving food in **PLASTIC** or **STYROFOAM CONTAINERS**



Buying plastic products with a **3, 6 or 7** on the bottom



Buying **CANNED FOODS**



Handling **PAPER RECEIPTS**

To learn more, please visit
CityofHope.org/breast-cancer-environment.